

Ras Dau Gopa - Aberystwyth Twin Peaks - 14th October 2012

Overall Position	Race Number	Time	Name	Club	Mens Position	Ladies Position	Category	Category Position
1	24	00:44:14	Austin Davies	Brecon AC	1		Senior Men	1
2	58	00:48:18	Michael Davies	Sarn Helen	2		Senior Men	2
3	60	00:48:23	Glyn Price	Sarn Helen	3		Senior Men	3
4	76	00:49:52	Andrew Abbott	Sarn Helen	4		V40/ Men	1
5	82	00:50:02	Dylan Lewis	Sarn Helen	5		Senior Men	4
6	95	00:50:13	Daniel Rushton	Unattached	6		Senior Men	5
7	19	00:50:18	Norman Biggs	Aberystwyth AC	7		V40/ Men	2
8	40	00:50:56	Owain Fychan	Clwb Triathlon Cerist	8		Senior Men	6
9	10	00:52:48	Ben Sears	Unattached	9		Senior Men	7
10	61	00:53:14	Todd Tanner	Ludlow Harriers	10		Under 20 Men	1
11	56	00:53:37	Arthur Jones	Aberystwyth AC	11		Under 20 Men	2
12	83	00:53:54	Daniel Burgess	Aberystwyth AC	12		Senior Men	8
13	13	00:54:31	Ian Evans	Aberystwyth AC	13		Senior Men	9
14	37	00:55:11	Simon Hall	Sarn Helen	14		Senior Men	10
15	8	00:55:16	John Lyden	Ludlow Harriers	15		V50/ Men	1
16	11	00:56:08	Balazs Pinter	Unattached	16		V40/ Men	3
17	53	00:56:17	David Elliot	Meirionnydd	17		Senior Men	11
18	96	00:56:26	Will Warwick	Unattached	18		Senior Men	12
19	41	00:56:27	Adam Runacres	Sleaford Striders AC	19		Under 20 Men	3
20	66	00:56:31	Calvin Williams	Sarn Helen	20		V50/ Men	2
21	98	00:56:55	Dylan Davies	Unattached	21		Senior Men	13
22	46	00:57:39	Rhys Gardiner	Unattached	22		Senior Men	14
23	27	00:57:45	Alistair Duncanson	Unattached	23		V40/ Men	4
24	30	00:58:03	David Michael	Unattached	24		V40/ Men	5
25	35	00:58:07	Paul Crane	Unattached	25		Senior Men	15
26	79	00:58:24	Sean Clarke	Unattached	26		V40/ Men	6
27	47	00:58:28	Ricky Francis	Meirionnydd	27		Senior Men	16
28	16	00:58:42	Wah Kin Michael La	Unattached	28		Under 20 Men	4
29	69	00:58:48	Owen Thomas	Unattached	29		V40/ Men	7
30	97	00:59:00	Joe Donnelly	Mercia Fell Runners	30		Under 20 Men	5

31	33	00:59:21	Matthew Birkett	University Harriers	31		Under 20 Men	6
32	81	00:59:21	Emet Brulin	Unattached	32		Senior Men	17
33	36	00:59:44	Tony Hall	Sarn Helen	33		V50/ Men	3
34	38	00:59:48	Dee Jolly	Sarn Helen		1	Senior Ladies	1
35	42	00:59:55	Scott Hudspith	University Harriers	34		Under 20 Men	7
36	80	01:00:24	Julia Tello Vela Maz	Aberystwyth AC		2	Senior Ladies	2
37	77	01:00:59	John Sinnett	Pembrokeshire Harriers	35		V50/ Men	4
38	14	01:01:30	Stuart Hastie	Unattached	36		Senior Men	18
39	6	01:01:36	Kevin Austin	Unattached	37		Senior Men	19
40	28	01:01:45	Gwilym Owen Jones	Aberystwyth AC	38		V50/ Men	5
41	55	01:01:46	John Taylor	Clwb Triathlon Cerist	39		V40/ Men	8
42	49	01:02:29	Sian Roberts-Jones	Sarn Helen		3	Senior Ladies	3
43	59	01:02:36	John Gwynn Evans	Aberystwyth AC	40		V60/ Men	1
44	92	01:03:21	Graeme Stringer	Unattached	41		V40/ Men	9
45	5	01:03:22	Andrew Chambers	Unattached	42		Senior Men	20
46	22	01:03:29	Peter Abbott	Unattached	43		Senior Men	21
47	75	01:04:29	Dave Griffith	Pembrokeshire Harriers	44		V40/ Men	10
48	48	01:04:33	Andrick Rampun	Unattached	45		Senior Men	22
49	99	01:04:36	Clive King	Eryri	46		V40/ Men	11
50	91	01:04:38	Elizabeth Hart	Unattached		4	Senior Ladies	4
51	100	01:04:47	Robin	DC Superheroes	47		V40/ Men	12
52	101	01:04:47	Batman	DC Superheroes	48		V40/ Men	13
53	15	01:04:51	Helen Willoughby	Sarn Helen		5	V45/ Ladies	1
54	67	01:04:57	Clive Evans	Unattached	49		V60/ Men	2
55	12	01:04:59	Helen Hashe	Unattached		6	V35/ Ladies	1
56	90	01:05:12	Douglas Eggleton	University Harriers	50		Senior Men	23
57	64	01:05:38	Samuel Ford	University Harriers	51		Senior Men	24
58	21	01:05:52	Georgina King	Unattached		7	Senior Ladies	5
59	86	01:05:59	Mandy Talbot	Unattached		8	V35/ Ladies	2
60	25	01:06:17	Richard Lucas	Unattached	52		V40/ Men	14
61	63	01:06:37	Klare Owen	Unattached		9	V35/ Ladies	3
62	34	01:06:46	Kate Fitzgibbon	Vegan Runners AC		10	V45/ Ladies	2
63	85	01:07:31	Michael Jones	Unattached	53		V40/ Men	15
64	94	01:07:37	Ivan Courtier	Unattached	54		V40/ Men	16
65	9	01:07:48	Kate Lewis	Unattached		11	Senior Ladies	6

66	54	01:08:00	Adriano Evola	Aberystwyth AC	55		V50/ Men	6
67	87	01:08:12	David Evans	Unattached	56		V50/ Men	7
68	93	01:08:18	Delor Harvey	Unattached		12	V45/ Ladies	3
69	44	01:08:27	Amos Bewick	Unattached	57		V50/ Men	8
70	57	01:09:46	Kirsten Hughes	Aberystwyth AC		13	Senior Ladies	7
71	52	01:09:53	Alyn Bennett	Unattached	58		Senior Men	25
72	23	01:09:57	Robert Smith	Pembrokeshire Harriers	59		V50/ Men	9
73	88	01:10:05	Richard Piotrowicz	Unattached	60		V50/ Men	10
74	26	01:10:52	Eirwen Benjamin	Unattached		14	V35/ Ladies	4
75	70	01:10:52	Mark Wickam	Unattached	61		V40/ Men	17
76	103	01:11:23	Jack Udale	University Harriers	62		Under 20 Men	8
77	20	01:11:36	Hollie Wynne	Unattached		15	Senior Ladies	8
78	89	01:11:51	Eunice Carter	Aberystwyth AC		16	V45/ Ladies	4
79	39	01:12:06	Ivan Wildman	Unattached	63		V50/ Men	11
80	31	01:12:22	Oliver Doyle	Unattached	64		Senior Men	26
81	45	01:12:26	Dale Clarke	Unattached	65		V50/ Men	12
82	43	01:14:24	Melanie Gaul	Aberystwyth AC		17	V35/ Ladies	5
83	17	01:14:24	Helen Williams	Aberystwyth AC		18	V45/ Ladies	5
84	104	01:14:40	Mike Gallagher	Unattached	66		Senior Men	27
85	18	01:14:56	Martin Bates	Unattached	67		V50/ Men	13
86	73	01:17:38	Angharad Evans	Aberystwyth AC		19	Senior Ladies	9
87	71	01:17:47	Gwilym Jones	Unattached	68		V40/ Men	18
88	3	01:18:39	David Morris	Unattached	69		Senior Men	28
89	84	01:18:49	Pascaline Moisan	Aberystwyth AC		20	Under 20 Ladies	1
90	74	01:19:55	Adrian Smith	Unattached	70		Senior Men	29
91	50	01:20:14	Lowri Phillips	Bad Tri		21	Senior Ladies	10
92	72	01:21:10	Chris Haines	Unattached	71		V40/ Men	19
93	29	01:22:25	Teresa James	Unattached		22	V35/ Ladies	6
94	102	01:22:27	Jonathan Jones	Unattached	72		Senior Men	30
95	51	01:35:32	Marjorie Griffiths	Bro Dysynni AC		23	V65/ Ladies	1
96	65	01:35:54	Adam Clayton	Unattached	73		Senior Men	31
97	4	02:07:46	Sheila Symonds	Bro Dysynni AC		24	V75/Ladies	1